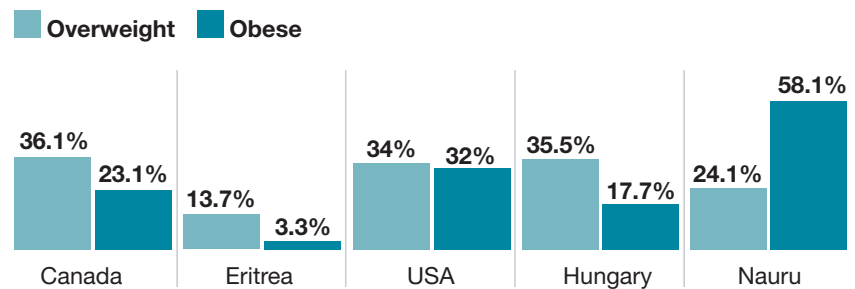


### Prevalence of obesity around the world



Source: International Obesity Task Force

Graphic by Julie Snider for  
The Downey Obesity Report

## Tracking trends worldwide

Increasing rates of obesity are not unique to the United States. Rates of obesity are increasing around the globe.

The World Health Organization projects that, as of 2005, 1.6 billion adults were overweight and at least 400 million were obese. Approximately 2.3 billion adults will be overweight and 700 million will be obese by 2015.

*WHO | Obesity and overweight*

The Global Prevalence of Obesity is tracked by the International Obesity Task Force, a wealth of data is available at [IOTF.ORG](http://IOTF.ORG) - *International Obesity Task-force* Globally, the prevalence of obesity among children is increasing worldwide. Worldwide trends in childhood overweight and obesity...*[Int J Pediatr Obes. 2006] - PubMed Result*

The increasing trends worldwide appear to affect the children from higher, not lower, socioeconomic status Obesity among pre-adolescent and adolescents of a ...*[Asia Pac J Clin Nutr. 2004] - PubMed Result*

Prevalence is also increasing in Europe The epidemic of obesity in children and adolescent...*[Cent Eur J Public Health. 2006] - PubMed Result*

In India, undernutrition and obesity are co-occurring. Patterns, distribution, and determinants of under-...*[Am J Clin Nutr. 2006] - PubMed Result*

The cause appears to reflect dramatic changes in diet in urban areas and in reductions in physical activity The nutrition transition and obesity in the develop...*[J Nutr. 2001] - PubMed Result*. Some of the effects may be due to changes in income levels. Rapid income growth adversely affects diet quality...*[Soc Sci Med. 2004] - PubMed Result*. See also, *Poverty and obesity: the role of energy density and...**[Am J Clin Nutr. 2004] - PubMed Result* and *The real contribution of added sugars and fats to ...**[Epidemiol Rev. 2007] - PubMed Result*

As one would expect, the worldwide incidence of diabetes is also increasing *Global Prevalence of Diabetes – Diabetes Care*

The increasing trends appear to affect the children from higher, not lower, socioeconomic status ...