

## How many Americans became obese or extremely obese from 1960-2006?

Obese or extremely obese, over 46 years	<b>61.1 million</b>
Average number per year	<b>1.3 million</b>
Average number per month	<b>110,779</b>
Average number per day	<b>3,693</b>
Average number per hour	<b>153</b>
Average number per minute	<b>2.5</b>

Source: Downey research  
Calculations were made by taking the CDC prevalence figures for 1960-1962 and 2005-2006 and multiplying them against US census data for 1960 and census data for 2006, respectively. See [Census Bureau Home Page](#)

## What percent of children and adolescents are overweight or obese?

Overweight or obese 2005-2006	<b>18%</b>
Young adult obesity 18-19 years 1971-1974	<b>8%</b>
Young adult obesity 18-19 years 2005	<b>24%</b>
Children 6-11 years	<b>15%</b>
Children 2-5 years	<b>11%</b>

Source: [Centers for Disease Control](#)

## Adipose tissue (fat cells): How many do we have?

Age at which typical body has acquired its full number of fat cells	<b>13</b>
Number of fat cells in average American adult	<b>23-65 billion</b>
Number of fat cells in person with morbid obesity	<b>37-237 billion</b>
Number of fat cells lost in weight-loss efforts	<b>0</b>

Source: [PubMed](#)